

RYAN DAVID HARSTON - CURRICULUM VITAE

Name: Ryan David Harston
Age: 36 (09/04/1984)
Ethnicity: Mixed Raced
Education: Degree 2:1 (Music Production)
Email: urbanconceptz@hotmail.co.uk
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Height: 5'8" (172cm) - Weight: 10st. 3lb. (65kg) - Playing Age: 25- 35 years - Eye Colour: Dark Brown

Personal Experience:

I am a mid-career artist who is very enthusiastic, encouraging and experienced. I have dedicated my time over the last 18 years, solely learning and working within various techniques and methods within theatre, dance and acting. I am extremely dedicated to my profession and I always strive to add to my professional repertoire as a committed performance artist. I am easy to get along with, very respectful and pride myself on being punctual, committed and devoted. I always give 100% I have a keen eye for learning new things, I am self motivated and very professional. I am fun, easygoing but also very focused and dedicated continuously striving towards perfection as an artist, creator and professional.

Work Experience:

I am a very eclectic creative artist, with a vast range of skills and expertise, from production to performance. I run a **URBANconceptz** which is a theatre collective and digital media production outlet. I continuously work on my craft as an artist and performer attending regular workshops, retreats and courses to maintain my skillset within the arts world. Throughout my time as an artist and creative I have won such awards as:

Project Awards & Accolades:

- South Yorkshire Police - South Yorkshire Lifestyle Project of the Year 2008 - Short Film
- National School Sports Partnership Awards - Innovative Project of the Year 2008 - Parkour Project
- Social Enterprise Yorkshire & Humber - Innovation in Enterprise 2008
- Scunthorpe Young People's Film Award Winner - 2009
- Doncaster Sports & Arts Business of the Year - 2010

Personal Awards & Accolades:

- 2001 & 2002 - Barbara Ranby Performing Arts Award.
- 2003 - BBC Talented Young Writer National Award.
- 2008 - Hip Hip International World Championships winner (Quad Division - 1st Place)
- 2008 - U.D.O. World Championships winner (Solo Division - 1st Place)
- 2009 - Young Arts Achiever of the Year (National Award)
- 2010 - Innovation In The Arts (National Award)
- 2010 - Community Hero Award - (Government Award - Recognition for achievement in the arts)
- 2013 - SKY Arts fellowship Award Winner.
- 2015 - Oxford Samuel Beckett Theatre Trust Award Winner.

Theatre & Performance Projects:

- 2020 - 2021 • There Should Be Unicorns • Middle Child • Performer & Movement Director
- 2020 - 2020 • The Canary & The Crow • Middle Child • Movement Director
- 2020 - 2020 • STOLEN • UCTheatre • Performer
- 2018 - 2019 • Creative Associate • Marella / TUi • Performer & Creative
- 2018 - 2019 • Transitions • UCTheatre • Performer
- 2016 - 2017 • The Nutcracker • BBC / Cbeebies • Performer
- 2016 - 2017 • Illuminate • Wired Aerial Theatre • Performer
- 2015 - 2017 • BrokenNBeat Collective • 20 Stories High • Performer & Creative
- 2015 - 2015 • FlexN' • MIF / Reggie Roc • Creative
- 2015 - 2015 • The Present Perspective • Nicole Guy Dance • Director
- 2015 - 2015 • Dance Hall • Esther Richardson • Performer & Creative
- 2015 - 2015 • Blood • Tamasha Theatre • Assistant Director
- 2014 - 2014 • The Girl With The Peach • CAST • Director
- 2014 - 2015 • Inside My Mind • UCTheatre • Performer & Movement Director
- 2014 - 2014 • KES • CAST • Creative & Performer
- 2014 - 2015 • The Freedom Of Freewill • UCTheatre • Director & Choreographer
- 2013 - 2013 • Cinderella • CAST • Assistant Director & Performer
- 2013 - 2013 • Dance Hall • CAST / RUOS • Performer
- 2013 - 2013 • The Glee Club • CAST • Assistant Director
- 2011 - 2012 • Freestyle Sessions • Lin Manuel Miranda • Performer & Creative
- 2011 - 2015 • As The World Tipped • Wired Aerial Theatre • Performer & Aerialist
- 2010 - 2012 • Pinnocchio • Breaking Cycles • Performer & Creative
- 2009 - 2009 • Corteo • Cirque Du Soleil • Percussionist & Acrobat
- 2009 - 2009 • Subway • Full Circle New York • Performer

Education:

- Laban Centre For Movement & Dance: 1 Year Independent Study Programme.
- Leeds College Of Music: (HONS) Degree **2:1** Music Production.
- Hemsworth Performing Arts College: A' Level Performing Arts (**A**) A' Level Music (**A**)
- Hemsworth Performing Arts College: 10 GCSE's (**A-C**) 1 GCSE (**D**)
- City & Guilds: Preparing to Teach in the Lifelong Learning Sector (Ptlls) **Level 3**.
- ADAPT: Parkour Coaching & Affiliating **Level 2**.
- NVQ: Production Led Maintenance & Workplace Organisation
- AFPE: Sports Coaching Athletics **Level 3** & Football **Level 2**.
- Sports Coaching UK: Good Practice & Child Protection Management.
- Sports Leaders UK: Dance Leadership Award **Level 3**.

Licences & Links:

- Full Clean UK Drivers Licence.
- Fully Insured 5 Door Vehicle.
- Valid UK Passport.
- Instagram: **@URBANconceptz**
- Twitter: **@URBANconceptz**
- YouTube: **@URBANconceptzMedia**

• **Spotlight:** <https://www.spotlight.com/7017-8948-3960>

• **Associate Artist:** <https://castindoncaster.com/for-artists/associate-artists/urban-conceptz-theatre/>

Thank you for your consideration.