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|  | | | Paraic Bermingham    **Phone Number: 0044**  **7504251027**  **Email:**  paraicbermingham46@gmail.com  [paraic-bermingham@hotmail.com](mailto:paraic-bermingham@hotmail.com)  Spotlight: <https://www.spotlight.com/3012-8946-9755>  Showreel: <https://youtu.be/AQIWbZT65Kc> | | | | | | | | | | | |
|  | | | | | | | | | | | | | | |
| **Playing Age** | 20-35 | | | | **Hair** | Brown | **Height** | | 5ft 9ins | **Build** | Average | | **Eyes** | Hazel |
|  | | | | | | | | | | | | | | |
| **Training** | | | | | | | | | | | | | | |
| **Film/Stage** | | Act Up Drama Classes, Tralee January-May 2017 (Tim Landers). | | | | | | | | | | | | |
|  | | (Improvisation, voiceovers, breathing exercises, scene work, character building,  camera work ) | | | | | | | | | | | | |
|  | | Meisner Technique with The London Meisner Company (Robyn Paterson). 2019-2020 | | | | | | | | | | | | |
|  | | Method Acting with Louise O’ Leary from StandBy Method Acting School 2020-present  **LEVEL 3, MODULE 2 THE WAR PROJECT, LEVEL 3, MODULE 3 ACTING FOR CAMERA, LEVEL 3, MODULE 4 MASTERING MONOLOGUES, LEVEL 4, MODULE 1 AUDITION TECHNIQUE** | | | | | | | | | | | | |
| **Theatre/Musical Theatre** | | Kerry School of Music, Scene work. 1998-2006 | | | | | | | | | | | | |
| **Firearm Training for Film and TV -** | | Handgun & Tactical Rifle Training for Film and TV (June 2021)  Advanced Firearm Skill Set Training for Film and TV (June 2021) **Instructor - Benjamin Leonides** | | | | | | | | | | | | |
| **FILM & TV** | | | | **PART** | | | | **PRODUCTION** | | | | **DIRECTOR** | | |
| Breaking the Band: Judas Priest | | | | Rob Halford | | | | ITV Studios | | | |  | | |
| Tools for Life | | | | Mitch (Big Mouth) | | | | Film Academy Baden-  Württemberg GmbH | | | | Vincent Dolinsek | | |
| Dublin Narcos | | | | Gang Member/ Criminal | | | | Sky Documentaries | | | | Benedict Sanderson | | |
| Complaints Welcome | | | | White Criminal | | | | Channel 4 | | | | Jeanette Goulbourn & Tom Levinge | | |
| Fox In The Hen House | | | | Mark/Marcus | | | | 7375 Films | | | | Jacob Hamilton | | |
| Dirty Diana | | | | Robert | | | | Christopher Ita Films | | | | Christopher Ita | | |
| The Red Boot | | | | Father | | | | Filmcraft Productions | | | | Malcolm Willis | | |
| Campfire (Post Productions | | | | Pete | | | | Film Academy Baden-  Württemberg GmbH | | | | Vincent Dolinsek | | |
| **Music Video** | | | | **PART** | | | | **COMPANY** | | | | **DIRECTOR** | | |
| Sam Fender – That Sound | | | | Young Male | | | | London Alley Productions | | | | Tim Mattia | | |
| Barry Moore - The Tide | | | | Window Cleaner | | | | Friend Productions | | | | Aube Perrie | | |
| YUNGBLUD - God Save Me, But Dont Drown Me Out | | | | Thug 1 | | | | Mr. Anderson Limited / Feud Creative | | | | Yungblud and Gavin Gottlich | | |
| Ak4ti7 featuring EA | | | | Detective | | | | GRM Daily | | | | Nelson Ilori | | |
| **PLAY** | | | | **PART** | | | | **THEATRE** | | | | **DIRECTOR** | | |
| The Somnambulist | | | | Tyler | | | | Drayton Arms Theatre | | | | Alicia Brockenbrow | | |
| Shot to Fame, Fake News, Alternative Fact | | | | Prince Harry Impersonator/Donald Trump Supporter | | | | Soho Theatre | | | | Alison Jackson | | |
|  | | | | | | | | | | | | | | |
| **Skills** | | | | | | | | | | | | | | |
| * Improvisation * Voice Over * Radio Presenting * Kickboxing * Full Driving License * Camera Work with DSLRs * Editing Experience with various editing software. * Scriptwriting * Tactical Rifle and Pistol Training for Film and TV * Advanced Firearm Skill Set Training for Film and TV | | | | | | | | | | | | | | |
| **Accents** | | | | | | | | | | | | | | |
| All regional Irish accents, regional English, English RP, Welsh, Standard/ Southern American accent, New York Accent. | | | | | | | | | | | | | | |