



TWISTED CASTING LTD
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Gender: Female
Playing age: 37 years to 49 years
Height: 5 feet 2 inches (157.5cm)
Nationalities: British
Ethnicity or Heritage: South Asian, Ethnically ambiguous

Hair colour: Dark Brown
Eye colour: Brown



Sabina began her acting journey in 2023 following an extensive career in training, business and finance. Trained in Screen Acting 2024 and Method Acting 2025-26 while gaining set experience in several student films, indie shorts and corporate training dramas across a variety of genres. Natural casting in grounded, authoritative, professional, intelligent roles layered with warmth and empathy with a highly versatile range. British born, of Bangladeshi heritage.

Recent new member of Actors Writers London theatre community (2026).

Stage

Production/Role	Director	Date	Type	Company
THE HOLIDAY Shelley	Anne-Marie Scragg	2026	Stage	Brian Timoney Actors Studio
SWEET BIRD OF YOUTH Alexandra Del Lago aka Princess Kosmonopolis	Brian Timoney	2025	Stage	Brian Timoney Actors Studio
STREETCAR NAMED DESIRE Blanche Dubois	Brian Timoney	2025	Stage	Brian Timoney Actors Studio
DANCE OF DEATH Alice	Brian Timoney	2025	Stage	Brian Timoney Actors Studio

Short Film

Production/Role	Director	Date	Type	Company
The Conquest Kim	Anne-Marie Scragg	2026	Short Film	Brian Timoney Actors Studio
Nausea Tyler's Mum	Isha Bah	2025	Short Film	Innovation Film Works
Not On My Watch Kat	David Kline	2025	Short Film	Skylight Films
Young Minds - Aini's Story Dr Husein	Aini Jahvid	2025	Short Film	

Production/Role	Director	Date	Type	Company
The Break Up Jane	Justin Presser	2024	Short Film	
Feature Film				
Production/Role	Director	Date	Type	Company
Vellum (Be Careful What You Wish For) Angelina	Steve Grant	2026	Feature Film	Fleet Street Productions
Corporate				
Production/Role	Director	Date	Type	Company
Wise Bank - RASA Scammers Scam Artist	Faye Wilkinson	2024	Corporate	Feed Films
Humans Samantha	John Dale	2024	Corporate	Limetools
Accomplice Salander	John Dale	2024	Corporate	Limetools
Film school				
Production/Role	Director	Date	Type	Company
Rattle Dina	Antigone Rae	2026	Film school	National Film and TV School
Toshi Saraswati	Pratham Bhatia	2026	Film school	University Arts London
Dot Dot Dot Ashlyn Palmer, Head of Marketing	Ditte Ravn	2024	Film school	University of Arts London
Hidden Bonds Dr Kanakala	Zhao Yang	2024	Film school	
Other				
Production/Role	Director	Date	Type	Company
Limehouse Project Riya	Leah Rustomjee	2025	Voice Over	
Date or Dump Kickstarter Friend	Joe Azad	2024	Commercial	Avah Productions

Accents & Dialects:	Native: London High standard: Estuary English, RP
Languages:	Native: English
Other Skills:	Accountant (Chartered), Cooking/Baking, DBS (CRB) clearance, First Aider (qualified), IT Literate, Management Consultant (experienced), Painting, Project Manager (experienced), Typing (touch)
Performance:	Skilled: Strasberg Technique
Presenting:	Skilled: Conference Presentation
Sports:	Skilled: Pilates, Yoga
Training	Brian Timoney Ultimate Acting Programme One Year Course 2025-2026; Screen Acting (1 year course - MN Academy 2024)

