



ABBY TAYLOR

STAGE & FILM ACTRESS

PROFILE

I'm a naturalistic actor with training in contemporary devising and a strong focus on truthful, connected performance. I have experience across stage and screen, including a lead role in a one-shot student film requiring sustained emotional presence. I recently wrote, directed, and starred in my dissertation short film *The Way You Like It*, further developing my creative and collaborative skills for screen. I bring a grounded, adaptable approach to every role, whether in film, TV, or theatre.

TRAINING

2022- 25	BA (Hons) Acting for Contemporary and Devised Performance - University of Northampton
2020- 22	Performing and Production Arts - Bath Theatre Academy/Bath College
2021- 22	Pauline Quirke Academy

STAGE

2024	Education, Education, Education Sue
2024	SEX Lily
2023	Before History We Danced Performer
2022	Sweeney Todd Bird Seller/Ensemble
2021	CHAOS Lucy/Ensemble
2021	Alice In Wonderland Cheshire Cat

CONTACT

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Spotlight PIN: 5899-6722-1327

STATISTICS

Hair	Blonde
Eyes	Blue
Height	5'4"

FILM

2025	the way you like it Lead Lucy Student Film
2025	Night of the Nihilists Lead Student Film
2024	It Sees Me Lead Student Film
2022	The Sixth Commandment Supporting BBC One
2021	War of the Worlds Supporting Disney+

SPECIAL SKILLS

Improvisation, Immersive Theatre, Stage Combat, Clowning, Animal Studies, Devising, Majorettes, Ensemble, Loop Pedal, Directing, Workshop leader, Yoga, Entertainment, Musical Theatre, Voice Acting.

LANGUAGES

English