



# ABBY TAYLOR

STAGE & FILM ACTRESS

## PROFILE

I'm a naturalistic actor with training in contemporary devising and a strong focus on truthful, connected performance. I have experience across stage and screen, including a lead role in a one-shot student film requiring sustained emotional presence. I recently wrote, directed, and starred in my dissertation short film *The Way You Like It*, further developing my creative and collaborative skills for screen. I bring a grounded, adaptable approach to every role, whether in film, TV, or theatre.

## TRAINING

|         |   |
|---------|---|
| 2022-25 | BA (Hons) Acting for Contemporary and Devised Performance - University of Northampton |
| 2020-22 | Performing and Production Arts - Bath Theatre Academy/Bath College                    |
| 2021-22 | Pauline Quirke Academy  |

## STAGE

|      |  |
|------|--|
| 2024 | Education, Education, Education<br>Sue |
| 2024 | SEX<br>Lily                            |
| 2023 | Before History We Danced<br>Performer  |
| 2022 | Sweeney Todd<br>Bird Seller/Ensemble   |
| 2021 | CHAOS<br>Lucy/Ensemble                 |
| 2021 | Alice In Wonderland<br>Cheshire Cat    |

## CONTACT

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## STATISTICS

|        |        |
|--------|--------|
| Hair   | Blonde |
| Eyes   | Blue   |
| Height | 5'4"   |

## FILM

|      |   |
|------|---|
| 2025 | the way you like it<br>Lead   Lucy   Student Film |
| 2025 | Night of the Nihilists<br>Lead   Student Film     |
| 2024 | It Sees Me<br>Lead   Student Film                 |
| 2022 | The Sixth Commandment<br>Supporting   BBC One     |
| 2021 | War of the Worlds<br>Supporting   Disney+         |

## SPECIAL SKILLS

Improvisation, Immersive Theatre, Stage Combat, Clowning, Animal Studies, Devising, Majorettes, Ensemble, Loop Pedal, Directing, Workshop leader, Yoga, Entertainment, Musical Theatre, Voice Acting.

## LANGUAGES

English