

# Sara Anifowose

<https://app.spotlight.com/4538-4503-4441>

**Eyes:** Dark brown / **Hair:** Black / **Height:** 5'5" (164cm) / **Playing Age:** 30 - 37

## Film & TV (selected)

<u>Year</u>	<u>Role</u>	<u>Title</u>	<u>Director</u>	<u>Produced by</u>
2024	Laura	"Out of the Skillet"	Olusegun Idowu	Valor Motion Pictures
2023	Woman	"Stay with me"	Nikola Auterska	Nikola Auterska
2020	Reporter	"A frame apart"	Charles Maddocks	Charles Maddocks
2019	Baby Boss	"World Wide Wound"	Nich D. Khan, Francesco Castelluccio	Dead Poets P.
2019	Aunt Jan	"Patrick"	Xi Wang & Tyler Bloor	Grand Tourers
2017	Simone	"Betrayed"	Michael Ellis	ME Films, Dionne Brewster
2011	Awa	"Liberi di scegliere"	Souleymane Sow	Souleymane Sow

## Theatre (selected)

<u>Year</u>	<u>Role</u>	<u>Production</u>	<u>Director</u>	<u>Company</u>
2024	Gale, Elizabeth	"The Comedy Sketch Show"	Glu Theatre collective	Glu Theatre
2021-2024	Sara (self)	Jumprov, Birmingham Hippodrome Theatre	Jumprov	Jumprov
2023	Marina	"Flat out"	Louise Farmer	Sutton Arts Theatre
2021	Rose	"For Those We Leave Behind"	Michael Harris	Two Jens&Me
2019	Julia	"Merely Players"	Daniel Tyler-Mc Tighe	27:31

## Training

Part Time Professional Acting Diploma – Level 3	The Birmingham Theatre School	Birmingham
Autumn/Spring/Summer term	IDSa Identity School of Acting	On-line
Adult Drama	Midlands Drama Academy AD	Birmingham
5 Days Intensive Acting for Camera class	Acting Coach Scotland	Glasgow
Improvisation Class Level 1, 2	Blue Orange Theatre	Birmingham
ECSPC Screen combat training - Level 1, 2, 3	Stagefight	Birmingham
ECSPC Stage combat - Level 1	Stagefight	Birmingham

## Additional skills

Italian (native speaker), English (excellent), French (conversational), German (basic). Guitar and fencing.

## Other Experience (partial list)

Host of Marcello Film Festival 2022 - Global Finalist World Monologue Games 2022 and 2021, 3rd classified in Sprint category 2020 - "Turf" webseries Dir. Ahmed Sher Zaman - Jumprov live shows (TedX and other locations) and online (FB, Twitch and Instagram) - "World's Stage" Directed and Produced by Daniel Tyler-McTighe - Radio Announcer/Speaker