

BEN HANDS

ASSISTANT DIRECTOR/FLOOR RUNNER

Email: benhands97@hotmail.com

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Based in Birmingham

Personal Statement

Ambitious and highly motivated with a background in Media Studies. I am a recent graduate of Birmingham City University with Bachelors in Filmmaking. During my time at B.C.U I organised and co-ordinated several fast-paced productions, as well as writing the screenplays for said productions and directing. I also worked as a runner on a feature film where I developed my skillset and have since worked on projects of varied scale in the AD department. I am highly organised and proactive, with an ability to navigate through and solve problems.

Key Skills

- Proficient in multiple software applications. I.e., Microsoft Word & Excel & Movie Magic.
 - Knowledge & understanding of production workflow.
 - Excellent communication skills.
 - Dependable.
 - Proactive mentality.
 - Creative problem solver.
 - Excellent organisational skills.
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Work Experience

Third Assistant Director for feature film 'IC9' | GMG Films
Wolverhampton – November – February 2023

Supervised cast processing as well as co-ordinating travel to and from set. Ensured departments were prepared for following scenes or updated on any changes. Team leader of runners to ensure set lock off and control of travelling cast.

Organised and directed background extras: particularly scenes set in a nightclub and boxing gym where numbers ranged from ten to thirty.

Deputised for first AD, running the set in place and completing certain days.

Responsible for small second unit shoots.

First Assistant Director for commercial | Kumho Tyres / Tottenham Hotspur London – October 2022

Worked with the director on scheduling planned shots to accommodate the talent's time of arrivals and departures, kept track of the amount of takes and which takes were useable as well as supervising continuity and communicating with the client to reassure them the shoot was running on time.

Floor Runner for feature film 'Fixed' | Fixed Films Birmingham - November 2020

Assisted the production by doing whatever was required of me- prepping drinks, lugging equipment, completing regular Covid temperature checks- as well as developing skills as a clapper loader, focus puller and working closely with the 1st AD organising background extras whilst maintaining social distancing.

EDUCATION

Birmingham City University 2019 – 2022
BA (Hons) Filmmaking - First Class

Park Hall Academy Sixth Form 2014 – 2016
BTEC Creative Media Production – D*DD

Park Hall Academy – 2009 – 2014
Media Studies – C
English Language – B
English Literature – C
History – C

PERSONAL DETAILS

GENERAL HEALTH: **Excellent**
MARITAL STATUS: **Single**

DRIVING LICENCE: **Nil**
LOCATION: **West Midlands**

HOBBIES AND INTERESTS

Played and coached for a local Sunday League football team founded with a group of friends, occasionally attend boxing classes to keep fit and an enthusiastic listener of music.